

Bachelor of Science (B1317) – major in Sport and Health Science

For students commencing in Semester 1 2019 at the South Street, Murdoch Campus

This sample study plan is based on the 2019 course structure and offerings. It is the responsibility of students to ensure the correct availability of units in each semester of each academic year.

Academic Chair: Dr Yvonne Learmonth (Yvonne.Learmonth@murdoch.edu.au)

	Semester 1		Semester 2	
Year 1	BSCI100 Building Blocks for Science Students EXS124 Introduction to Sports Option Option	3pts 3pts 3pts 3pts 12pts	BSCI150 What is Science? EXS102 Human Physiology PSY172 Introduction to Psychological Health and Wellbeing Option	3pts 3pts 3pts 3pts 12pts
Year 2	EXS201 Sport and Exercise Psychology EXS202 Exercise Physiology I EXS203 Health, Fitness, and Performance Assessment Option	3pts 3pts 3pts 3pts 12pts	University Breadth Unit BSC206 Introduction to Research Methods and Evidence Based Practice Option Option	3pts 3pts 3pts 3pts 12pts
Year 3	BSC306 Research and Evidence EXS303 Exercise, Programming, and Prescription Option Option	3pts 3pts 3pts 3pts 12pts	EXS301 Advanced Sport and Exercise Psychology EXS302 Exercise Physiology 2 Breadth Unit Option	3pts 3pts 3pts 3pts 12pts