

# Handbook 2020

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M1300

MASTER OF CREATIVE ARTS THERAPIES

**Murdoch University**

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#### **Cancellation of Courses, Majors, Minors and Units**

The University reserves the right to cancel, without notice, any course, major, minor or unit if the number of students enrolled falls below limits set by the University or in other unforeseen circumstances.

#### **Alternative Formats**

Handbook home page:

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Group	Course	Offerings
<b>Graduate Coursework Degrees and Professional Doctorates</b>		
<b>Counselling</b>	Master of Creative Arts Therapies (MCAT) (MCAT)	<ul style="list-style-type: none"> <li>• Mandurah campus (internal)</li> <li>• For International students to complete the Masters as a full-time student in 2 years the course is only available for Semester One admission.</li> <li>•</li> <li>• If commencing the Graduate Diploma in Semester 2 then stepping up to the Masters the course will take five semesters to complete.</li> <li>•</li> </ul>

## COUNSELLING

### MASTER OF CREATIVE ARTS THERAPIES (MCAT) (MCAT)

#### Advanced Standing:

Up to 24 credit points is available of advanced standing to students who have successfully completed a minimum of Level 8 units with learning outcomes equivalent to one or more units comprising the Master of Creative Arts Therapies at Murdoch University.

Psychology

#### Nested Awards:

As the MCAT course is structured as a two-stage award, the first stage being the GDCAT and upon successful completion, the second stage is an application to enter the MCAT. Therefore students can exit on completion of the GDCAT and not pursue further study.

Duration: 2 years full-time or part-time equivalent

#### Employment Prospects:

On completion of the course graduates will be eligible to be employed in government and non-government organisations that provide psychotherapeutic and counselling services receptive to the therapeutic potential of the creative arts therapies. Such organisations may work with adults, children, families and couples and come from sectors including: mental health, community health, medical and remand contexts, education and the aged. Graduates will be ready employment in settings requiring individual and group therapy competence.

#### Special Requirements:

Enrolment may be subject to restriction due to limited equipment and facilities, and professional accreditation requirements, such as completion of clinical placement hours and supervision requirements.

International students who are required to complete within Visa time frames please see above entry.

#### Availability:

- Mandurah campus (internal) For International students to complete the Masters as a full-time student in 2 years the course is only available for Semester One admission.

- If commencing the Graduate Diploma in Semester 2 then stepping up to the Masters the course will take five semesters to complete.

Course Codes: M1300

This course supports students to develop professional competence in creative arts psychotherapies. The course is committed to experiential learning developing student's therapeutic skills using creative arts therapies with an additional emphasis on theoretical frameworks from expressive arts psychotherapies, and the use of creative arts as a therapeutic modality in clinical practice. The experiential workshops, clinical practice and clinical supervision approach will require the making of and engagement in creative arts modalities. A critical appraisal of arts psychotherapy literature combined with applied learning through clinical practice will provide students with the opportunity to develop a foundation in both theoretical knowledge and elementary hands-on creative arts psychotherapy practice.

#### Main Research Areas:

Creative Arts Therapies include the arts practices of visual art, drama, dance, music, expressive writing and multi modal practice within a broad range of clinical and community settings and client populations.

Restriction: All graduate courses are subject to restriction.

#### Admission Requirements (Onshore):

For direct entry into the Masters of Creative Arts Therapies, applicants should have a three-year degree (AQF Level 7) from a recognised university in an area related to creative arts psychotherapies such as psychology, social work, occupational therapy, nursing, education, human services or the arts. Preference will be given to applicants who also have experience, either paid or volunteer, in a therapeutic role. Applicants not selected for the Masters may be admitted to the Graduate Diploma course and then apply for entry to the Masters level upon successful completion. Applicants are encouraged to apply early. The admission process includes online application, and creative practice portfolio, and interviews for shortlisted candidates.

Due to clinical placements and requirements on sequencing of units, students may be required to undertake a part time semester depending of course variables

Master of Creative Arts Therapies (MCAT)

### Course Structure - 48 credit points

#### Core Units - 39 credit points

CSL582 Principles of Counselling 1 - 6 points  
MURDOCH: S1-internal  
MANDURAH: S2-internal

CSL566 Case Conceptualisation and Assessment in Counselling - 3 points  
MURDOCH: S1-internal  
MANDURAH: S2-internal

SHP632 Applied Health Research Methods: From Research to Practice - 3 points  
MURDOCH: S1-internal, S1-external, S2-internal, S2-external  
MANDURAH: S1-external, S2-external

CSL576 Introduction to Creative Arts Therapies in Counselling - 3 points  
MURDOCH: S2-internal  
<span data-type="offering" data-unit="CSL576">MANDURAH: S1-internal (quota of 20 places)</span>

CSL575 Expressive Arts Therapies: Music, Drama and Writing - 3 points  
MANDURAH: S2-internal

CSL577 Art Therapy with Children and Adolescents - 3 points  
MANDURAH: S1-internal

CSL574 Creative Arts Therapies and Trauma - 3 points  
MANDURAH: S2-internal

CSL673 Advanced Principles and Practice of Creative Arts Therapies - 3 points  
MANDURAH: S2-internal

CSL685 Creative Arts Therapies Clinical Placement and Supervision Grp 1 - 6 points  
<span data-type="offering" data-unit="CSL685">MANDURAH: AW5-placement (quota of 12 places), DE7-placement (quota of 12 places)</span>

CSL686 Creative Arts Therapies Clinical Placement and Supervision Grp 2 - 6 points  
<span data-type="offering" data-unit="CSL686">MANDURAH: DE7-placement (quota of 12 places), UA7-placement (quota of 12 places)</span>

#### Specified Electives - 9 credit points

Choice of two Research Project units within the Master of Counselling with supervision provided by a creative arts therapist with professional registration with ANZACATA (or equivalent international body):

CSL620 Counselling Research Project - 9 points  
MURDOCH: H-internal, S1-internal, S2-internal, SUM-internal, Y-internal

OR

CSL677 Counselling Research Project - 6 points  
MURDOCH: Y-internal

If CSL677 is taken, then one additional 3 credit point elective unit is required. This unit can be one of the following Counselling units or, in consultation with the AC, a unit from another discipline that compliments the MCAT and is of equivalent AQF. This unit must be of relevance to clinical placement and research or creative arts practice. Advanced standing applications will be assessed against the three Counselling unit elective.

CSL581 Experiential Learning in Group Counselling - 3 points  
MURDOCH: S1-internal  
<span data-type="offering" data-unit="CSL581">MANDURAH:  
S1-internal (quota of 16 places)</span>

CSL583 Counselling Adults - 3 points  
MURDOCH: S2-internal

CSL578 Counselling Children and Adolescents - 3 points  
MURDOCH: S2-internal

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## PREREQUISITES

### ***Advanced Principles and Practice of Creative Arts Therapies (CSL673)***

Completed Graduate Diploma in Creative Arts Therapies or equivalent.

### ***Applied Health Research Methods: From Research to Practice (SHP632)***

Enrolment in a Graduate course.

### ***Art Therapy with Children and Adolescents (CSL577)***

Enrolment in the Graduate Diploma in Creative Arts Therapies. Other students wanting to study this unit can be interviewed by the Counselling Academic Chair.

### ***Case Conceptualisation and Assessment in Counselling (CSL566)***

Enrolment in the Graduate Certificate of Counselling, Graduate Diploma of Counselling or Master of Counselling. Completion of, or current enrolment in CSL582 Principles of Counselling 1 or by permission of the Counselling Academic Chair.

### ***Counselling Adults (CSL583)***

Must be enrolled in the Graduate Certificate or Graduate Diploma of Counselling or Master of Counselling. Other students wanting to study this unit can be interviewed by the Counselling Academic Chair.

### ***Counselling Children and Adolescents (CSL578)***

Enrolment in the Graduate Certificate of Counselling, Graduate Diploma of Counselling or Master of Counselling. Other students wanting to study this unit can be interviewed by the Unit Coordinator for consideration by the Counselling Academic Chair.

### ***Counselling Research Project (CSL620)***

Enrolment in Master of Counselling. Completion of all the units in the Graduate Diploma in Counselling, including completion of SHP632 Applied Health Research Methods: From Research to Practice.

### ***Counselling Research Project (CSL677)***

Enrolment in Master of Counselling or Master of Creative Arts Therapies. Completion of all the units in the Graduate Diploma in Counselling or Graduate Diploma in Creative Arts Therapies, including completion of SHP632 Applied Health Research Methods: From Research to Practice.

### ***Creative Arts Therapies Clinical Placement and Supervision Grp 1 (CSL685)***

Completion of all units comprising Graduate Diploma and

enrolment in Master of Creative Arts Therapies or by permission of the Creative Arts Therapies Academic Chair. Students are required to provide a current Police Clearance as well as Working with Children Check prior to enrolling in this clinical placement unit.

### ***Creative Arts Therapies Clinical Placement and Supervision Grp 2 (CSL686)***

Enrolled in the Master of Creative Arts Therapies and have completed the Clinical Placement and Supervision Group 1 Unit and all units comprising the Graduate Diploma of Creative Arts Therapies; or by permission of the Creative Art Therapy Academic Chair. Students are required to provide a current Police Clearance as well as Working with Children Check prior to enrolling in this clinical placement unit.

### ***Creative Arts Therapies and Trauma (CSL574)***

Enrolment in Master of Creative Arts Therapies or GDCAT. Other students wanting to study this unit can be interviewed by the consideration by the Creative Arts Therapies Academic Chair.

### ***Experiential Learning in Group Counselling (CSL581)***

Enrolment in the Graduate Certificate of Counselling, Graduate Diploma of Counselling or Master of Counselling. Completion of, or concurrent enrolment in, CSL582 Principles of Counselling 1. Other students wanting to study this unit can be interviewed by the Counselling Academic Chair.

### ***Expressive Arts Therapies: Music, Drama and Writing (CSL575)***

Enrolment in the Graduate Diploma in Creative Arts Therapies. Other students wanting to study this unit can be interviewed by the Counselling Academic Chair.

### ***Introduction to Creative Arts Therapies in Counselling (CSL576)***

Enrolment in the Graduate Diploma of Creative Arts Therapies or the Graduate Diploma of Counselling or Master of Counselling. Other students wanting to study this unit can be interviewed by the Academic Chair of the Graduate Diploma of Creative Arts Therapies

### ***Principles of Counselling 1 (CSL582)***

Enrolment in the Graduate Certificate or Graduate Diploma of Counselling or Master of Counselling or permission of the Counselling Academic Chair.